

COLLEGE OF HEALTH & HUMAN SERVICES

NUTRITION AND DIETETICS MINOR

This 18-credit hour minor is designed for majors outside of Nutrition and Dietetics to develop professional skills in nutrition through experiential learning. Students majoring in Public Health, Exercise Science, and Nursing will find this minor complementary to their major course of study.

REQUIRED COURSEWORK: 9 HRS

- NTR 2100** Personal Nutrition or **NTR 2190** Personal Nutrition, Honors
NTR 2750 Nutrition Assessment and Counseling
NTR 3755 Nutrition Across the Lifespan

ELECTIVES: 9 HRS

SELECT 9 SEMESTER HOURS FROM THE FOLLOWING LIST.

ALL COURSES 3 CREDIT HOURS UNLESS OTHERWISE NOTED.

- NTR 1120** Introduction to Food Science (2 hour)
NTR 1121 Food Service Sanitation (1 hour)
NTR 2600 Research Methods
NTR 3120 Food Science*
NTR 3756 Community Nutrition Interventions*
NTR 3757 Nutrition for Physical Performance*
NTR 4230 Special Topics in Nutrition and Dietetics* (1-3 hours)
NTR 4750 Advanced Human Nutrition
NTR 4752 Focus on Diabetes* (1 hour)
NTR 4753 Nutrition and the Addicted Person* (1 hour)
NTR 4754 Social Marketing for Nutrition Education Professionals (1 hour)
PUBH 2500 Motivational Interviewing (1 hour)

TOTAL HOURS REQUIRED FOR MINOR: 18

Consult your catalog to identify required prerequisites for courses marked with an asterisk ().*

Contact your academic advisor to declare a minor in Nutrition and Dietetics.

NUTRITION & DIETETICS
AMANDA HARVEY, ADVISOR
KLEHM HALL 4321
600 LINCOLN AVENUE
AJHARVEY2@EIU.EDU
(217) 581-5218

